Senior Services
AGENCY: WAHOO SENIOR SERVICES
Activities for senior citizens.
Congregate meals - special diets available with a physician's request.
Educational, recreational, and information programs. Arts and humanities. Group programs and socialization.
Information and referral.
Placement of volunteers at the Center and in the community.

Telecare
AGENCY: UNITYPOINT HEALTH - DES MOINES
TELECARE is a free program for people who are homebound and live alone in the Des Moines area to have telephone contact with someone who cares.

Senior Services
AGENCY: CHI HEALTH GOOD SAMARITAN
Free referral to needed services. Offers telephone daily social calls, SHIPP advisor, programs on fall prevention, information on fraud and Alzheimer’s disease.

In Home Personal Services
AGENCY: HOME INSTEAD SENIOR CARE
Non-medical home helper services including:
Meal preparation
Laundry
Light housekeeping
Medication reminder
Incidental transportation
Grooming
Companionship
Respite care
Dementia care
Personal care, including bathing and toileting

Cancer Support Services
AGENCY: YOUR TEAM CANCER FOUNDATION

Volunteers help with a variety of needs for individuals and families dealing with cancer. Sample tasks may include lawn service, snow removal, housekeeping, companionship, shopping, household repairs, health care billing, legal advice, and computer assistance.

Senior Volunteer Program
AGENCY: AGING OFFICE OF WESTERN NEBRASKA (AOWN)

Volunteer opportunities for individuals for the benefit of frail older persons with special needs. Matches volunteers with a frail older person. The volunteer can then provide such assistance as companionship, respite for a caregiver, escort and transportation, shopping assistance, letter writing, reading, or other chores which the older person is unable to do.

In Home Personal Services
AGENCY: HOME INSTEAD SENIOR CARE

In home personal services tailored to the needs of the individual. Offers personal care (non-medical) that includes assisting with eating, grooming, bathing, dressing, incontinence, cognitive impairments, mobility, companionship, and medication reminders. Provides respite for the primary family member caring for a loved one.

Senior Services at Milford
AGENCY: SEWARD COUNTY AGING SERVICES

Services and activities for senior citizens to support their independence and community involvement.

Congregate meals Mon-Fri.

Recreation, health education, and informational programs.

Information and referral.

Fun and fitness class.
Nursing Home and Homebound Visitation

AGENCY: SALVATION ARMY - BEATRICE

Nursing home/homebound visitation.

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Senior Services

AGENCY: BUTLER COUNTY SENIOR SERVICES PROGRAM

Services and activities for senior citizens within Butler County to support their independence and community involvement.

Congregate meals at noon, Monday-Friday.

Home delivered meals, supported by volunteers, Monday-Friday.

Foot care clinic offered every three weeks by appointment only ($15 fee).

Daily ...

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Senior Care Services

AGENCY: HOME INSTEAD SENIOR CARE SIOUX CITY

NON-MEDICAL CARE provides services to the elderly for as little as 3 hours per visit up to 24/7 care. All caregivers are screened, trained, bonded, and insured.

HOME HELPER services include light housekeeping, laundry, errands, transportation, medication reminders, meal preparation, etc.

PERSONAL CARE includes bathing, feeding...

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Home Health Care Services

AGENCY: RECOVER HEALTH OF SIOUX CITY

Home nursing care including physical, occupational and speech therapy, homemaker services, personal care, case management, setting up and administering medications, monitoring blood pressure and blood sugar, companionship, and waivers services.
Senior Volunteer Programs
AGENCY: ENOA - EASTERN NEBRASKA OFFICE ON AGING

Retired Senior Volunteer Program (RSVP) provides volunteer opportunities in non-profit organizations and health institutions for persons 55 years and older. Also includes volunteer transportation services for the elderly in Blair and Fremont, Nebraska.

Foster Grandparents provide service to children with special needs in schools, Head St...

Home Care Services
AGENCY: COMFORT KEEPERS

Companionship and personal care services for those in need of in-home assistance.

In-home companionship, meal preparation, light housekeeping, errand services, grocery shopping, transportation services, 24 hour care available, laundry washing, and recreation activities.

Personal care services include bathing, mobility, transfe...

Home Care Services
AGENCY: HELP AT HOME, INC.

Non-medical in home care including personal care, light housekeeping, laundry, meal preparation (including shopping and meal planning), errands, and companionship.

Home Care Services
AGENCY: ELITE PROFESSIONAL HOME CARE COMPANY

In home care including skilled nursing and non-medical care. Non-medical care includes companionship, light housekeeping, organizing, medication reminders, laundry, meal preparation, transfer assistance including bathing and dressing, and incidental transportation back and forth to appointments.

One hour minimum per visit, 24/7, or as l...

Home Health Care
AGENCY: RECOVER HEALTH

Home nursing care.
Physical, occupational and speech therapy.

Homemaker services.

Case management.

Supportive care.

Senior services include setting up and administering medications, monitoring blood pressure and blood sugar, nursing care, personal care, homemaker services, and companionship.

**Homemaker Services - Waukee**

**AGENCY: HOME INSTEAD SENIOR CARE - DES MOINES**

HOME INSTEAD SENIOR CARE provides supportive home care and companionship for seniors and the disabled. Services include medication assistance, Dementia and Alzheimer’s care, 24 hour care, light housekeeping, meal preparation, incidental transportation, laundry services and personal care services.

**Homemaker Services - Des Moines**

**AGENCY: HOME INSTEAD SENIOR CARE - DES MOINES**

HOME INSTEAD SENIOR CARE provides non-medical home care and companionship for seniors and the disabled. Services include light housekeeping, meal preparation, incidental transportation, laundry services, and personal care services.

**Homemaker Services - Newton**

**AGENCY: HOME INSTEAD SENIOR CARE - DES MOINES**

HOME INSTEAD SENIOR CARE provides non medical care for seniors in their homes. Services include: companionship, housekeeping, laundry, meal preparation, transportation and personal care for seniors.

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