Substance Abuse Services

AGENCY: EMPLOYEE AND FAMILY RESOURCES (EFRI)

Substance Abuse Services are the single point of entry for state funded substance abuse treatment services within Polk County. Assessment counselors determine treatment needs, if any, for others referred by the courts, county, private attorneys, treatment and other health and social service providers, family members and those who are self-referred.

Mental Health Services

AGENCY: CAPSTONE BEHAVIORAL HEALTH

Mental health counseling in home or in office. Focus on the following areas: parent-child conflict; adolescent conflicts; step-family and adoption issues; parenting and communication skills; abuse issues; physical, emotional and sexual, behavior issues; ADHD; anger management; impulse control; dependency issues; emotional issues; unresolved grief/...

Substance Abuse Services

AGENCY: UNIVERSITY OF IOWA HOSPITALS AND CLINICS

Inpatient and outpatient services for adults with chemical dependency. Has a Dual Diagnosis Track for individuals who have either a medical or mental illness in combination with an addiction. Provides both individual and group therapy.

Substance Abuse Services

AGENCY: CATHOLIC CHARITIES - OMAHA

Chemical dependency assessments and outpatient services.

Behavioral Health Services

AGENCY: COMMUNITY ACTION PARTNERSHIP OF WESTERN NEBRASKA

Offers substance use counseling, mental health counseling, medication management, intensive outpatient services, pain management, and counseling for individuals, families, and couples.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offers substance abuse evaluation, DUI classes, and referrals to other social services in the area. Inpatient treatment is available at the Clarinda site.

Substance Abuse Services - Greenfield
AGENCY: ZION RECOVERY SERVICES, INC.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offer substance abuse evaluation and referrals to other social services in the area. Inpatient treatment is available at the Clarinda site. DUI classes are also available.

Substance Abuse Services - Perry
AGENCY: ZION RECOVERY SERVICES, INC.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offers substance abuse evaluation, DUI classes, and referrals to other social services in the area.

Substance Abuse Services
AGENCY: ROBERT YOUNG MENTAL HEALTH CENTER
Substance abuse assessments.
Crisis intervention available 24/7.
Detoxification services help a person become alcohol or drug-free. Individuals are medically monitored for withdrawal and other complications which may occur following cessation of prolonged use of alcohol or drugs.
Adult intensive outpatient treatment...

Access To Recovery - Ottumwa
AGENCY: FIRST RESOURCES CORPORATION
A grant that provides care coordination, life skills coaching, gas cards, bus passes, recovery calls, supplemental needs, recovery coaching, and referrals to other Access To Recovery covered services.
Hope Program - Ottumwa

AGENCY: FIRST RESOURCES CORPORATION

Provides an in-home, time-limited, intensive substance abuse program designed for families with children ages 0-18 that are in crisis - primarily as a result of substance abuse issues.

Extended Outpatient Program - Ottumwa

AGENCY: FIRST RESOURCES CORPORATION

A program designed for clients who are believed to have a firm grasp of the basic concepts of staying sober, working through individual roadblocks, and requiring less structure to maintain sobriety. The program is individualized, but lasts a minimum of 6 weeks. Adolescent Extended Outpatient groups for those ages 12 to 17 are also offered.

Substance Use Treatment

AGENCY: HEARTLAND FAMILY SERVICE

Outpatient active treatment for adults and adolescents and long-term aftercare support that includes family and individual therapy and gender-specific groups. The dual-diagnosis approach provides on-site mental health evaluation and treatment, psychiatric evaluation, medication management, and 24-hour emergency access.

Substance Abuse Services

AGENCY: HUMAN SERVICES, INC

Inpatient and outpatient alcohol and drug treatment center.

Substance Abuse Treatment

AGENCY: STEPHEN CENTER, INC

Substance abuse and co-occurring services to men and women in three distinct phases.

After completion of Phases I and II, clients are often referred to the transitional living program to continue sobriety in a safe, supportive environment, maintain contact with primary therapist and attend at least one transitional living group a week. C...
Juvenile HERO Substance Abuse Program

AGENCY: STEPHEN CENTER, INC.

Provides substance abuse treatment for juvenile ages 13 to 19. Services are also provided for those who are dually diagnosed with both substance abuse and mental illness. This non-residential intensive outpatient treatment consists of 8-10 weeks of group Intensive Outpatient Treatment and individual co-occurring treatment.

The HERO Prog...

Substance Abuse Services

AGENCY: MERCYONE - DES MOINES

First Step Recovery Center offers an extended and intensive outpatient treatment program to treat patients with both chemical dependency and emotional or psychiatric illness or recurring disorders. Substance abuse assessments and treatment services for drug (including opioids) and alcohol abuse for adolescents and adults are provided. Services also...

Substance Abuse Services - Ft. Dodge

AGENCY: CHILDREN AND FAMILIES OF IOWA (CFI)

Offers a complete range of substance abuse services to children, adolescents and adults. Services include outpatient treatment, extended outpatient treatment, continuing care, adult and adolescent substance use counseling.

Substance Abuse Services - North

AGENCY: CHILDREN AND FAMILIES OF IOWA (CFI)

Offers a complete range of substance abuse services to children, adolescents and adults. Services include outpatient treatment, extended outpatient treatment, continuing care, adult and adolescent substance use counseling.

Outpatient Mental Health Services

AGENCY: CHI HEALTH BEHAVIORAL HEALTH

Mental health services including outpatient psychiatric care, individual and family evaluation, medical management, psychotherapy, and group therapy.

Outpatient chemical dependency services.
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