Substance Abuse Services  
AGENCY: EMPLOYEE AND FAMILY RESOURCES (EFRI)
SUBSTANCE ABUSE SERVICES are the single point of entry for state funded substance abuse treatment services within Polk County. Assessment counselors determine treatment needs, if any, for others referred by the courts, county, private attorneys, treatment and other health and social service providers, family members and those who are self-referred.

Mental Health Services  
AGENCY: CAPSTONE BEHAVIORAL HEALTH
Mental health counseling in home or in office. Focus on the following areas: parent-child conflict; adolescent conflicts; step-family and adoption issues; parenting and communication skills; abuse issues; physical, emotional and sexual, behavior issues; ADHD, anger management; impulse control; dependency issues; emotional issues; unresolved grief/... 

Substance Abuse Services  
AGENCY: UNIVERSITY OF IOWA HOSPITALS AND CLINICS
Inpatient and outpatient services for adults with chemical dependency. Has a Dual Diagnosis Track for individuals who have either a medical or mental illness in combination with an addiction. Provides both individual and group therapy.

Substance Abuse Services  
AGENCY: CATHOLIC CHARITIES - OMAHA
Chemical dependency assessments and outpatient services.

Behavioral Health Services  
AGENCY: COMMUNITY ACTION PARTNERSHIP OF WESTERN NEBRASKA
Offers substance use counseling, mental health counseling, medication management, intensive outpatient services, pain management, and counseling for individuals, families, and couples.
Substance Abuse Services - Adel
AGENCY: ZION RECOVERY SERVICES, INC.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offers substance abuse evaluation, DVI classes, and referrals to other social services in the area. Inpatient treatment is available at the Clarinda site.

Substance Abuse Services - Greenfield
AGENCY: ZION RECOVERY SERVICES, INC.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offer substance abuse evaluation and referrals to other social services in the area. Inpatient treatment is available at the Clarinda site. DUI classes are also available.

Substance Abuse Services - Perry
AGENCY: ZION RECOVERY SERVICES, INC.
ZION RECOVERY SERVICES offers one-to-one counseling, group or family sessions for substance abuse including opioids, as well as for problem gambling. Offers substance abuse evaluation, DVI classes, and referrals to other social services in the area.

Substance Use Treatment
AGENCY: HEARTLAND FAMILY SERVICE
Outpatient active treatment for adults and adolescents and long-term aftercare support that includes family and individual therapy and gender-specific groups. The dual-diagnosis approach provides on-site mental health evaluation and treatment, psychiatric evaluation, medication management, and 24-hour emergency access.

Substance Abuse Treatment
AGENCY: STEPHEN CENTER, INC.
Substance abuse and co-occurring services to men and women in three distinct phases.

After completion of Phases I and II, clients are often referred to the transitional living program to continue sobriety in a safe, supportive environment, maintain contact with primary therapist and attend at least one transitional living group a week. C...

Substance Abuse Services
AGENCY: MERCYONE - DES MOINES
Substance Abuse Services - Ft. Dodge
AGENCY: CHILDREN AND FAMILIES OF IOWA (CFI)
Offers a complete range of substance abuse services to children, adolescents and adults. Services include outpatient treatment, extended outpatient treatment, continuing care, adult and adolescent substance use counseling.

Substance Abuse Services - North
AGENCY: CHILDREN AND FAMILIES OF IOWA (CFI)
Offers a complete range of substance abuse services to children, adolescents and adults. Services include outpatient treatment, extended outpatient treatment, continuing care, adult and adolescent substance use counseling.

Adult Behavioral Health Services
AGENCY: SEASONS CENTER FOR BEHAVIORAL HEALTH
Seasons Centers offer Adult Psychiatry, adult individual therapy, adult couple therapy, substance use disorder services/addiction treatment, psychological testing, crisis services, Sex Offender Treatment Program, Assertive Community Treatment (ACT), Intensive Psychiatric Rehabilitation, Community Based Services, and Mobile Crisis Response Team.

Substance Abuse Services
AGENCY: EASTERN NEBRASKA COMMUNITY ACTION PARTNERSHIP
3-26-20 - COVID-19 Update:
ENCAP's offices are closed to the public effective March 23 - April 6, 2020. We are still providing modified services. Please call the ENCAP HOTLINE: 402-453-5656, ext. 223.

We can help with financial assistance, SNAP applications, budgeting and community resources.

Substance Abuse Services
AGENCY: CENTER FOR BEHAVIORAL HEALTH
CENTER FOR BEHAVIORAL HEALTH is a suboxone and methadone maintenance program for those addicted to opiates. Outpatient substance abuse treatment is available at the Extended Outpatient Level. Both group and individual sessions are available. Offers OWI and substance abuse evaluations and referrals to other agencies.
Substance Abuse Services
AGENCY: MANNING REGIONAL HEALTHCARE CENTER
16-bed inpatient substance abuse treatment and detox program for adult men and women age 18 and older and substance abuse outpatient services.

Mental Health and Substance Abuse Services
AGENCY: SOUTH CENTRAL BEHAVIORAL SERVICES
Mental health services include mental health assessments, depression/anxiety/mental illness counseling, family therapy, stress/anger management counseling, trauma/abuse counseling, parenting and relationship counseling.

Substance abuse services include substance abuse evaluations, adolescent substance abuse groups, adult intensive outpatient.

Substance Abuse Services
AGENCY: TURNING POINT EVALUATION, INC.
Offers substance abuse services for both adolescents and adults. Services offered include continuing care, extended outpatient, intensive outpatient, random Urine Analysis (UA) for adults and adolescents.

Substance Abuse Counseling - Marshalltown
AGENCY: SUBSTANCE ABUSE TREATMENT UNIT OF CENTRAL IOWA
Offers substance abuse treatment services for adolescents and adults on an outpatient basis.