Senior Services
AGENCY: INDIANOLA AREA SENIOR CENTER

INDIANOLA AREA SENIOR CENTER is a place for seniors to congregate and socialize. Activities include playing cards, crafts, singing, table games, pocket billiards, potluck dinners, tours, health and wellness, dancing and other special activities as arranged.

Activity Center for Older Adults
AGENCY: INTERCULTURAL SENIOR CENTER

3/14/2020 - COVID-19 Update:
The Intercultural Senior Center is offering food pantry services (sack of groceries, not prepared meals) for adults ages 50 and older. There are three options to receive this assistance:
HOME DELIVERY Call 402-444-6529 to request home delivery; geographic ar...
Senior Services
AGENCY: FRIENDLY HOUSE
Senior citizen activities that take into account their personal, physical, social, and educational needs. Activities include arts, education, bingo, aerobics, card playing, social groups, ceramics, crafts, trips, and recreation. Limited free transportation is available to and from programming and Friendly House.

Senior Services
AGENCY: CENTER FOR ACTIVE SENIORS, INC. (CAS)
Senior center providing a variety of social, educational, support, and wellness programs and activities designed for adults ages 50+. Weekly activities include band, chorus, cards, painting, ceramics, computers, bingo, and trips in the community. Congregate meal served Mon-Fri 11:30 am-12:30 pm in conjunction with Milestones A...

Senior Center
AGENCY: SIOUXLAND CENTER FOR ACTIVE GENERATIONS
Senior Center with programs and activities for older adults in the areas of recreation, socialization, education, health, and finance.

Senior Center
AGENCY: AGING OFFICE OF WESTERN NEBRASKA (AOWN)
Senior center offering a variety of services for older adults.

Generations Community Center
AGENCY: HEARTLAND FAMILY SERVICE
Recreational, social, and nutritional programming to meet the needs of seniors over the age of 55. The Center offers a sponsored lunch for those 60 and older, monthly musical entertainment, weekly activities, and transportation. There is no cost for membership.

Senior Services at Fairmont Senior Center
AGENCY: FILLMORE COUNTY SENIOR SERVICES
Services and activities for senior citizens to support their independence and community involvement. Includes activities coordination, entertainment, fellowship, recreation, and education.

Specific services include congregate meals, home delivered meals, transportation, shopping assistance, information and referral, blood pressure clinic...

**Senior Services at Geneva Senior Center**

*AGENCY: FILLMORE COUNTY SENIOR SERVICES*

Senior center provides services and activities to senior citizens to support their independence and community involvement.

Activities coordination, entertainment, fellowship, recreation, education.

Congregate meals.

Home delivered meals.

Information and referral.

Blood Pressure clinic.

---

**Senior Services at Exeter Senior Center**

*AGENCY: FILLMORE COUNTY SENIOR SERVICES*

Senior center provides services and activities to senior citizens to support their independence and community involvement.

Congregate meals.

Blood pressure screenings.

Activities, coordination, entertainment, fellowship, recreation, and education.

---

**Senior Services**

*AGENCY: FILLMORE COUNTY SENIOR SERVICES*

Senior services.

Home delivered meals.
Information and referral.

Case management.

Arranges for in-home services (housekeeping, yard work, personal care, transportation, shopping, and laundry assistance).

Activities coordination.

Counseling with seniors and/or family members.

Senior Services
AGENCY: WAHOO SENIOR SERVICES

Activities for senior citizens.

Congregate meals - special diets available with a physician's request.

Educational, recreational, and information programs. Arts and humanities. Group programs and socialization.

Information and referral.

Placement of volunteers at the Center and in the community.

Minority Senior Program
AGENCY: DIVERSITY SERVICE CENTER OF IOWA

Offers a senior center, biweekly authentic Hispanic meal site, case management, home visits to improve health and living conditions, and acts as a liaison between clients and community agencies.

Senior Services at Milford
AGENCY: SEWARD COUNTY AGING SERVICES

Services and activities for senior citizens to support their independence and community involvement.

Congregate meals Mon-Fri.

Recreation, health education, and informational programs.
Senior Services

AGENCY: SEWARD COUNTY AGING SERVICES

Services and activities for senior citizens to support their independence and community involvement.

Farmer's market program.

Caregiving information.

Fitness Classes, Tai-Chi and Stepping on, call for schedule.

Moms Meal program delivers meals to homebound seniors that are income eligible.

Bone...

---

Senior Services at Seward

AGENCY: SEWARD COUNTY AGING SERVICES

Services and activities for senior citizens to support their independence and community involvement.

Congregate meals.

Recreation, health education, and informational programs.

Seward Senior Shuttle makes appointments every 15 minutes, Mon-Fri 9:30 am-3:30 pm for senior doctor appointments, grocery shopping, shopping...

---

Senior Services at Utica

AGENCY: SEWARD COUNTY AGING SERVICES

Services and activities for senior citizens to support their independence and community involvement.

Congregate meals.
Meals on Wheels seven days per week.

Recreation, health education, and informational programs.

Information and referral.

Fun and fitness class.

Social events some ev...

You agree that you will not copy, record, publish, compile, reproduce, republish, use or resell for any competing commercial purpose any Materials on our Site and you agree to not use any device, software or routine that may extract, copy, modify, import, export, replicate, scrape or otherwise deliver, in any manner, the Materials to you or anyone else.